

REND LAKE TRACK ALL-TIME BEST

INDOOR

<u>55H</u>	1. MARCUS LESLEY	7.51 (SIUC FAST START 12,03)
	2. TYYON NEAL	7.58 (DEPAUW 02,06)
	3. KARLOS KEMP	7.63 (SIUC MCDONALDS 02,05)
	4. HOWARD HARPER	7.75 (SIUC FAST START 12,03)
	5. MIKE MANGERS	7.83 (SIUC MCDONALDS 02,05)
	6. TOMMY BRYAN	8.01 (REGION 02,06)
	7. LOUIS JOLLY	8.04 (ILL. WESLEYAN 02,04)
	8. JASON BELL	8.11 (REGION 02,06)
	9. CODY VINCENT	8.93 (SIUC MCDONALDS 02,05)
	10. MITCHELL JENKINS	9.22 (SIUC MCDONALDS 02,05)

<u>55</u>	1. MARCUS LEWIS	6.36 (SIUC 02,03)
	2. DANTE PHILLIPS	6.39 (SIUC BOOSTER 1, 04)
	3. JASON CRAIG	6.43 (SIUC BOOSTER 1, 04)
	4. MARCUS LESLEY	6.43 (SIUC FAST START 12, 03)
	5. JERRY CLOPTIN	6.46 (DEPAUW 2, 04)
	6. CEDRIC POWELL	6.47 (SIUC BOOSTER 1, 04)
	6. MIKE ISBELL	6.47 (ILL. WESLEYAN 02, 04)
	8. JERRY CLOPTIN	6.48 (SIUC FAST START 12, 03)
	9. CALVIN WALLACE	6.49 (REGION 02,06)
	10. FLOYD DAVIS	6.50 (SIUC MCDONALDS 02,05)

<u>60H</u>	1. MARCUS LESLEY	7.94 (NATIONALS 03,04)
	2. TYYON NEAL	8.12 (EIU 02,06)
	3. KARLOS KEMP	8.17 (NATIONALS 03,05)
	4. MIKE MANGERS	8.17 (NATIONALS 03,05)
	5. HOWARD HARPER	8.30 (REGION 24 02,04)
	6. JASON BELL	8.46 (EIU 02,06)
	7. LOUIS JOLLY	8.77 (REGION 24 02,04)
	8. TOMMY BRYAN	8.85 (ARKANSAS 01,06)
	8. ZACK ODUM	8.85 (NATIONALS 03,02)
	10. CODY VINCENT	9.29 (EIU 02,05)

<u>60</u>	1. MARCUS LEWIS	6.74 (EIU 01,03)
	2. CHARLES HOWELL	6.84 (EIU 12,04)
	3. DEVON BROOKS	6.90 (EIU 12,04)
	3. FLOYD DAVIS	6.90 (EIU 02,05)
	5. MARCUS LESLEY	6.93 (NATIONALS 03,04)
	5. DANTE PHILLIPS	6.93 (ARKANSAS 02,04)
	5. MIKE ISBELL	6.93 (EIU 01,04)
	5. JERRY CLOPTON	6.93 (NATIONALS 03,04)
	9. CALVIN WALLACE	6.94 (NATIONALS 03,06)
	10. JASON CRAIG	6.98 (ARKANSAS 02,04)

<u>200.</u>	1. JASON CRAIG	21.48 (ARKANSAS 02,05)
	2. DANTE PHILLIPS	21.84 (NATIONALS 03,04)
	3. MARCUS LEWIS	22.07 (NATIONALS 03,03)
	4. JERRY CLOPTON	22.09 (NATIONALS 03,04)
	5. CHARLES HOWELL	22.22 (ARKANSAS 02,05)
	6. CEDRIC POWELL	22.29 (ILL. WESLEYAN 02, 04)
	7. MIKE ISBELL	22.55 (ILL. WESLEYAN 02,04)
	8. JOHN BEALS	22.62 (INDIANA 01,06)
	9. FLOYD DAVIS	22.69 (REGION 24 02,05)
	10. JERRY MIMS	22.84 (IWU 02,03)

<u>400</u>	1. JASON CRAIG	47.78 (ARKANSAS 02,05)
	2. DANTE PHILLIPS	48.89 (NATIONALS 03,04)
	3. CEDRIC POWELL	49.20 (NATIONALS 03,04)
	4. JOHN BEALS	29.21 (REGION 02/06)
	5. ANTHONY FLOURNOY	49.42 (ARKANSAS 02,05)
	6. MARCUS WALTON	49.47 (SIUC MCDONALDS 02,05)
	7. DURAN GRIFFITH	49.57 (ARKANSAS 01,06)
	8. DOMINQUE ROLLE	50.76 (REGION 24 02,05)
	9. SHANNON SHERRER	50.85 (EIU 02,06)

<u>600</u>	1. ERIC ALBERTER	1:20.59 (INDIANA 01,06)
	2. SHANNON SHERRER	1:20.98 (INDIANA 01,06)
	3. TRAVIS McCOLLUM	1:21.15 (SIUC FAST START 12,03)
	4. MARCUS WALTON	1:21.94 (HOOSIER RELAYS 01,05)
	5. ROB DUNCAN	1:22.05 (REGION 24 02,03)
	6. KURT HEIMANN	1:22.06 (INDIANA 01,06)
	7. RUSTY MILLENBINE	1:22.30 (NATIONALS 03,03)
	8. DURAN GRIFFITH	1:22.33 (INDIANA 01,06)
	9. BILLY BEER	1:23.13 (DEPAUW 02,04)
	10. DURANO GRIFFITH	1:24.28 (REGION 02,06)

<u>800</u>	1. ERIC ALBERTER	1:53.08 (INDIANA 02,06)
	2. ROB DUNCAN	1:53.81 (IWU 02,03)
	3. MARCUS WALTON	1:53.86 (EIU 12,04)
	4. SHANNON SHERRER	1:54.32 (ARKANSAS 01,06)
	5. KURT HEIMANN	1:56.17 (ARKANSAS 01,06)
	6. CHRIS RENGIFO	1:56.90 (INDIANA 01,06)
	7. IAN HORNABROOK	1:58.39 (SIU 01,02)
	8. BRAD MIDDLETON	1:58.55 (REGION 02,06)
	9. PAT CLARK	1:58.75 (EIU 02,06)
	10. AARON WALTON	1:59.56 (EIU 02,06)

<u>1000</u>	1. ROB DUNCAN	2:29.39 (NATIONALS 03,03)
	2. CHRIS RENGIFO	2:31.83 (ARKANSAS 01,06)
	3. BRAD MIDDLETON	2:34.72 (ARKANSAS 01,06)
	4. PAT CLARK	2:34.77 (REGION 02,06)
	5. TIM CLARK	2:35.08 (REGION 24 0,04)
	6. MARCUS WALTON	2:36.82 (EIU 01,05)
	7. ERIC ALBERTER	2:39.75 (EIU 01,05)
	8. AARON WALTON	2:40.51 (REGION 02,06)
	9. L. ROETHLISBERGER	2:41.43 (EIU 01,05)
	10. CHRIS HERREN	2:41.93 (DEPAUW 02,04)

<u>1500</u>	1. IAN HORNABROOK	3:59.83 (IWU 02,03)
	2. RICKY ALVAREZ	4:02.70 (IWU 02,04)
	3. KYLE JAHNS	4:58.00 (IWU 02,03)

<u>MILE</u>	1. IAN HORNABROOK	4:14.04 (NATIONALS 03,03)
	2. ROBERT DUNCAN	4:16.35 (NATIONALS 03,03)
	3. TIM CLARK	4:20.63 (EIU 02,04)
	4. CHRIS RENGIFO	4:20.65 (INDIANA 02,06)
	5. BRAD MIDDLETON	4:22.61 (EIU 02,06)
	6. JOHN KENNEDY	4:23.11 (REGION 02,06)
	7. RICKY ALVAREZ	4:23.16 (EIU 02,04)
	8. BRETT SIMON	4:25.22 (SIUC MCDONALDS 02,05)
	9. THOMAS McQUADE	4:28.07 (REGION 24 02,03)
	10. CHRIS HERREN	4:29.10 (SIUC 02,03)

<u>3000</u>	1. IAN HORNABROOK	8:34.52 (REGION 24 02,03)
	2. RICKY ALVAREZ	8:44.82 (ARKANSAS 02,04)
	3. BRETT SIMON	8:44.91 (NATIONALS 03,05)
	4. THOMAS McQUADE	8:45.86 (ISU 01,03)
	5. REY ALVAREZ	8:48.02 (EIU 02,05)
	6. ROB DUNCAN	8:52.27 (ISU 01,03)
	7. CHRIS RENGIFO	8:53.48 (EIU 02,06)
	8. JUSTIN KUNZ	8:54.54 (REGION 24 02,05)
	9. WILL SIEMERS	9:09.07 (SIU 01,02)
	10. JUSTIN CRAIN	9:11.49 (EIU 01,04)

<u>5000</u>	1. IAN HORNABROOK	14:52.47 (NATIONALS 03,03)
	2. WILL SIEMERS	15:10.72 (BUTLER 02,02)
	3. REY ALVAREZ	15:18.66 (NATIONALS 03,05)
	4. THOMAS McQUADE	15:23.28 (BUTLER 01,03)
	5. JUSTIN KUNZ	15:23.30 (NATIONALS 03,05)
	6. JUSTIN CRAIN	15:39.14 (REGION 24 02,04)
	7. JEREMY KUNZ	15:42.20 (REGION 24 02,04)
	8. DANIEL NALLEY	15:55.18 (BUTLER 02,02)
	9. TRAVIS REDDEN	16:24.89 (IWU 02,03)
	10. MATT JACKSON	16:28.99 (INDIANA 01,06)

- DMR** 1. 10:13.47 (NATIONALS 03,02)
DUNCAN, GONZALEZ, MILLENBINE, HORNABROOK
2. 10:17.45 (NATIONALS 03,05)
SIMON, M. WALTON, ALBERTER, CLARK
3. 10:17.50 (NATIONALS 03,06)
RENGIFO, FLOURNOY, ALBERTER, MIDDLETON
4. 10:19.16 (NATIONALS 03,04)
CLARK, MIMS, WALTON, RICKY ALVAREZ
5. 9:25.22 (INDIANA 01,06)
MIDDLETON, SHERRER, ALBERTER, RENGIFO
6. 10:29.64 (IWU 02,04)
CLARK, MIMS, BEER, ALVAREZ (RICKY)
7. 10:31.36 (EIU 01,03)
McQUADE, LEWIS, MILLENBINE, HORNABROOK
8. 10:31.84 (IWU 02,03)
HORNABROOK, MILLENBINE, DUNCAN, CRAIN
9. 10:36.32 (REGION 24 02,05)
SIMON, M. WALTON, ALBERTER, REY ALVAREZ
10. 10:40.65 (REGION 02,06)
RENGIFO, CUNNINGHAM, HEIMANN, MIDDLETON

- 4 x 400** 1. 3:10.94 (ARKANSAS TYSON 02,04)
PHILLIPS 47.90, CRAIG 47.80, WALTON 47.40, POWELL 47.40
2. 3:14.66 (ARKANSAS 02,05)
CRAIG, WALTON, ALBERTER, FLOURNOY
3. 3:15.50 (SIUC BOOSTER 1, 04)
PHILLIPS, CRAIG, MIMS, POWELL
4. 3:15.55 (NATIONALS 03,04)
PHILLIPS, CLOPTON, WALTON, POWELL
5. 3:16.38 (IWU 02,04)
PHILLIPS, CRAIG, WALTON, POWELL
6. 3:16.62 (INDIANA 01,06)
DURAN GRIFFITH, BEALS, FLOURNOY, ALBERTER
7. 3:17.58 (ARKANSAS 01,06)
DURAN GRIFFITH, SHERRER, NEAL, ALBERTER
8. 3:19.28 (NATIONALS 03,05)
PHILLIPS, CRAIG, FLOUNOY, M. WALTON
9. 3:19.86 (SIUC FAST START 12,03)
McCOLLUM, PHILLIPS, MIMS, POWELL
10. 3:21.12 (EIU 02,06)
FLOURNOY, BEALS, DURANO GRIFFITH, ALBERTER

- 4 x 800** 1. 7:52.74 (NATIONALS 03,06)
SHERRER, HEIMANN, CLARK, ALBERTER)
2. 7:53.32 (NATIONALS 03,05)
M. WALTON, ALBERTER, A. WALTON, HEIMANN
3. 7:59.39 (REGION 02,06)
SHERRER, HEIMANN, RENGIFO, ALBERTER
4. 8:03.56 (NATIONALS 03,04)
FICKAS, ROBSON, HERREN, ROETHLISBERGER
5. 8:05.61 (NATIONALS 03,02)
DUNCAN, MILLENBINE, SMITH, BAKER
6. 8:07.33 (EIU 01,04)
McCOLLUM, ROBSON, WALTON, FICKAS
7. 8:17.76 (NATIONALS 03,03)
FICKAS, HARPER, CRAIN, HERREN
8. 8:35.51 (REGION 24 02,03)
HERREN, CRAIN, FICKAS, HAMPTON

- PV** 1. TRAVIS HAYS 14'04 (NATIONALS 03,02)
2. BLAKE BRACHEAR 14'01.25 (NATIONALS 03,04)
3. TRAVIS ROGERS 11'00 (REGION 24 02,05)

- HJ** 1. TODD GREEN 6'10.25 (NATIONALS 03,03)
2. TOMMY BRYAN 6'09.75 (UNC 01,07)
3. MIKE PETRONE 6'08.25 (SIUC FAST START 12,03)
4. ELLISON DELVA 6'06.25 (NATIONALS 03,05)
4. CHARLES WILLIAMS 6'06.25 (SIUC 02,03)
4. COREY DOWDEN 6'06.25 (SIUC FAST START 12,03)
7. JAMES WILSON 6'04.25 (SIUC FAST START 12,03)
7. GEM FERGESON 6'04.25 (SIUC MCDONALDS 02,05)
9. CALEB TALLEY 6'3.75 (EIU 01,02)
10. JASON BELL 6'01.50 (REGION 02,06)

- LJ** 1. ADRIAN WILTSHIRE 25.03.25 (SIUC 12,06)
2. CALVIN WALLACE 23'11.75 (SIUC 12,05)
3. COREY DODEN 23'06.75 (REGION 24 02,04)
4. KEENAN HALL 23.04.50 (UNC 01,07)
5. MARCUS LEWIS 23'03" (BUTLER 01,03)
6. JERRY CLOPTON 23'01.25 (DEPAUW 02,04)
7. KYLE SERGENT 23'00.75 (EIU 01,04)
8. TOMMY BRYAN 22'07.75 (REGION 02,06)
9. MICHAEL BENITEZ 22'06.25 (EIU 02,05)
10. RODNEY BURKS 22'04.50 (SIUC MCDONALDS 02,05)

- TJ**
1. MICHAEL BENITEZ 50'02.50 (03,05 NATIONALS)
 2. COREY DOWDEN 49'06.75 (SIUC FAST START 12,03)
 3. RON ROBERT 49'00.75 (03,05 NATIONALS)
 4. WILL HENDERSON 48'02 (EIU 02,04)
 5. DWAYNE HARRIOTT 47'08.50 (INDIANA 01,06)
 6. KYLE SERGENT 47'03 (REGION 24 02,04)
 7. RODNEY BURKS 45'06.50 (SIUC MCDONALDS 02,05)
 8. JERRY MIMS 44'05.50 (IWU 02,03)
 9. JOE VAUGHN 44'03 (REGION 24 02,03)
 10. TOMMY BRYAN 42'05.25 (EIU 02,06)

- SP**
1. COURTNEY HAYWOOD 49'03.50 (NATIONALS 03,05)
 2. DWAYNE BRISCO 49'01.00 (NATIONALS 03,06)
 3. ED COLLINS 48'00.00 (NATIONALS 03,05)
 4. MARK MILLEVILLE 47'06.50 (NATIONALS 03,02)
 5. SETH MAJOR 47'06.25 (NATIONALS 03,06)
 6. NICK DIEI 45'10.75 (NATIONALS 03,04)
 7. KYLE OGDEN 43'08.00 (EIU 02,05)
 8. BEN KIRKPATRICK 41'01.75 (SIUC MCDONALDS 02,05)
 9. MIKE RICHARDSON 39'00.25 (REGION 24 02,03)
 10. TOMMY BRYAN 37'04.50 (NATIONALS 03,06)

- WT. THROW**
1. COURTNEY HAYWOOD 56'09.50 (EIU 02,06)
 2. BEN KIRKPATRICK 50'08.25 (NATIONALS 03,05)
 3. KYLE OGDEN 49'03.50 (NATIONALS 03,05)
 4. NICK DIEI 48'09.50 (DEPAUW 02,04)
 5. DWAYNE BRISCO 48'08.25 (EIU 02,06)
 6. ED COLLINS 47'07.25 (EIU 02,05)
 7. MIKE RICHARDSON 47'07 (NATIONALS 03,03)
 8. MARK MILLEVILLE 47'00.75 (NATIONALS 03,02)
 9. SETH MAJOR 44'00.75 (REGION 02,06)
 10. PAUL ADAMS 30'03 (REGION 24 02,02)

- PENTATHON**
1. TOMMY BRYAN 3723 (NATIONALS 03,06)
 2. MITCHELL JENKINS 2685 (REGION 24 02,05)
 3. TRAVIS ROGERS 2134 (REGION 24 02,05)